# MH CENTENNIAL RECREATION CENTER CO-ED VOLLEYBALL CLASS



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## Spring '16 Youth/Teen Volleyball

**Registration Numbers: Sunday - WSN011** 

#### **Co-Ed Leagues**

Teen/Youth Volleyball Classes. Play starts the week of **Jan 10 2016** Classes consist of 11 weeks of classes/game. Games are played at 2-5pm for one hour.

This volleyball program is fun for boys and girls. Players will be grouped by age and ability. This program is structured so that players will learn progressively through appropriate drills, skills, techniques and teamwork in a positive and structured environment. All players will play. The Teen/Youth Volleyball Class is offered for beginners through intermediate players. Advanced High School players will not be permitted in this class.

Special requests to play with other players on the same team will be considered, but not guaranteed. Teams will consist of 4-7 players. The focus will be on proper warm-up, footwork drills, serving, passing, setting, spiking, agility, defense, and game strategies. Each session may be split between skill building and playing matches **A volleyball and a t-shirt will be given to each participant.** 

Ages: 9-15yrs . Players will grouped in two groups Group A:9-11yrs or Group B:12-15yrs Younger skilled players may move up to the older group & older unskilled players may play with 9-11yrs.

#### Registration Information: Nov 20 2015-Jan 1 2016

- 1. All Players must register online at <a href="http://www.morganhill.ca.gov/index.aspx?nid=819">http://www.morganhill.ca.gov/index.aspx?nid=819</a>.
- 2. Player Fees: \$140/145/150 for CRC Members/Resident Non Members/Non Residents respectively.
- 3. Player from previous season may elect to not get a volleyball and get \$30 discount.

<b>Dates to Remember:</b>	<u>Start</u>	<u>End</u>	<u>Activity</u>
	Nov 20 2015	Jan 1 2016	Registrations
		Dec 12 2015	Early Payment Discount ends - Save \$20/player
	Dec 25 2015		Late Registration if space available - Late Fee \$20
	Jan 10 2016	Jan 10 2016	Orientation Day
	Jan 10	Mar 20	Regular Classes

### Don't Miss the Fun!